

## SUPPORT US

*Donations in foreign currencies:*

**HOPE PROJECT CHARITABLE TRUST**  
A/C - 522-1-008993-4  
Standard Chartered Bank  
Narayan Manzil, 23, Barakhamba Road  
New Delhi 110001 INDIA  
Swift code: SCB LINBDEL



*Donations in Indian currency:*

**HOPE PROJECT CHARITABLE TRUST**  
A/C - 01000 / 012301  
State Bank of India  
Nizamuddin West New Delhi 110013

*Donations in Switzerland :*

**ZENITH INSTITUTE**  
Hope Project  
Account No. 10062.02  
Bank Code (80350)  
Banca Raiffeisen Olivone

*Donations in Germany:*

**LEBENSILFE FUER NOTLEIDENDE MENSCHEN IN INDIEN E.V.**  
Acc No: 271 1044 500 Bank code: 472 601 21  
Volksbank Paderborn-Höxter-Detmold  
Germany

*Donations in United Kingdom:*

**SUFI ORDER INTERNATIONAL**  
23, Rue de la Tuilerie  
F-92150 SURESNES  
(Checks made out to Hope Project)

*Donations in Holland:*

**STICHTING HAZRAT INAYAT KHAN**  
Dargah Hope Project  
212484 001, Triodos Bank  
Holland

*Donations in France :*

**SUFI ORDER INTERNATIONAL**  
23, Rue de la Tuilerie  
92150 SURESNES  
(Checks made out to Hope Project)

*Donations in USA:*

**CHECKS TO BE MADE TO THE HOPE PROJECT**  
P.O 657,  
New Lebanon, NY 12125, USA

*Donations in Austria:*

**INDIENHILFE**  
Account No. 03220137570  
Bank Code 14000  
BAWAG

### **HOPE PROJECT CHARITABLE TRUST**

127, Basti Hzt. Nizamuddin New Delhi 110013  
Phone: +91 11 24357081, 24356576, 24353006  
Email: [info@hopeprojectindia.org](mailto:info@hopeprojectindia.org)  
Website: <http://www.hopeprojectindia.org>  
<http://organisationen.freepage.de/hopeproject>



The Hope Project is registered as a Public Trust (regn. # 2427). Donations to the Project qualify for exemption under the Income Tax Act, 1961 under Section 80G. Foreign contributions are permissible under FCRA regn # 231650803.



## *Dargah Hazrat Inayat Khan*

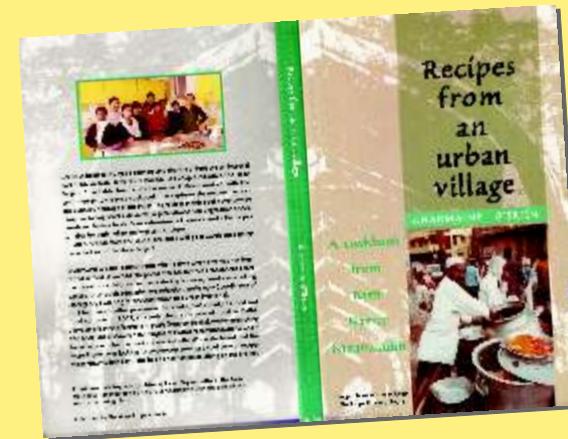


*THE HOPE PROJECT*

*2008-2009*

Toward the One,  
 the Perfection of Love  
 Harmony, and Beauty, the Only Being  
 united with all the Illuminated Souls  
 who form the Embodiment  
 of the Master  
 the Spirit of Guidance."

## Recipes from an Urban Village



### A Cook book of Basti Hzt. Nizamuddin

Gracious hospitality, good cooking and the sharing of food are an integral part of life in Basti Hazrat Nizamuddin. In a unique initiative, The Hope Project Charitable Trust and author, Charmaine O'Brien, have worked with the community to create a cookbook that captures the unique flavors and culinary heritage of the basti. More than 50 community members contributed their recipes to this book.

The recipes cover a wide range of dishes including snacks, desserts, vegetarian and non-vegetarian, breads and festival foods. Comprehensive cookery notes makes the recipes suitable for both the Indian and Western kitchen.

All proceeds from the sale of the book will go towards supporting The Hope Project Charitable Trust.

Please support this exciting project by purchasing a copy of the book now!  
 You can order your copy at the following email addresses:  
 In India: [orders@hopeprojectindia.org](mailto:orders@hopeprojectindia.org)



## About Us

Aashyana was started by the Hope Project to promote the skills of the women of Basti Hazrat Nizamuddin while also providing them with an additional source of income. Our products use traditional jewelry making and sewing techniques such as crochet, appliqué and hand embroidery and stitching.

Aashyana not only provides training, materials and workspace for women to develop their products, but also supports them with education, health and savings programs that enable them to stand on their own feet.

The Hope Project was founded in 1975 by the Sufi teacher Pir Vilayat Inayat Khan who was moved by the extreme poverty of the people in the Basti. Starting as a modest milk program, the project now reaches almost 3,000 families in the areas of education, health, vocational training, microfinance and income generation.

## SUPPORT US

By supporting The Hope Project, you not only help a GREAT CAUSE but enable the poor to help themselves.

You could support us in the following ways:

- 1) Volunteer
- 2) Buy or promote Aashyana products
- 3) Buy or promote our delicious bakery items and catering service.
- 4) Sponsor a girl child through school
- 5) Provide scholarship for a girl's higher education
- 6) Provide urgent medical aid for life saving treatment
- 7) Support any of the other wonderful programs at The Hope Project or raise funds for the same



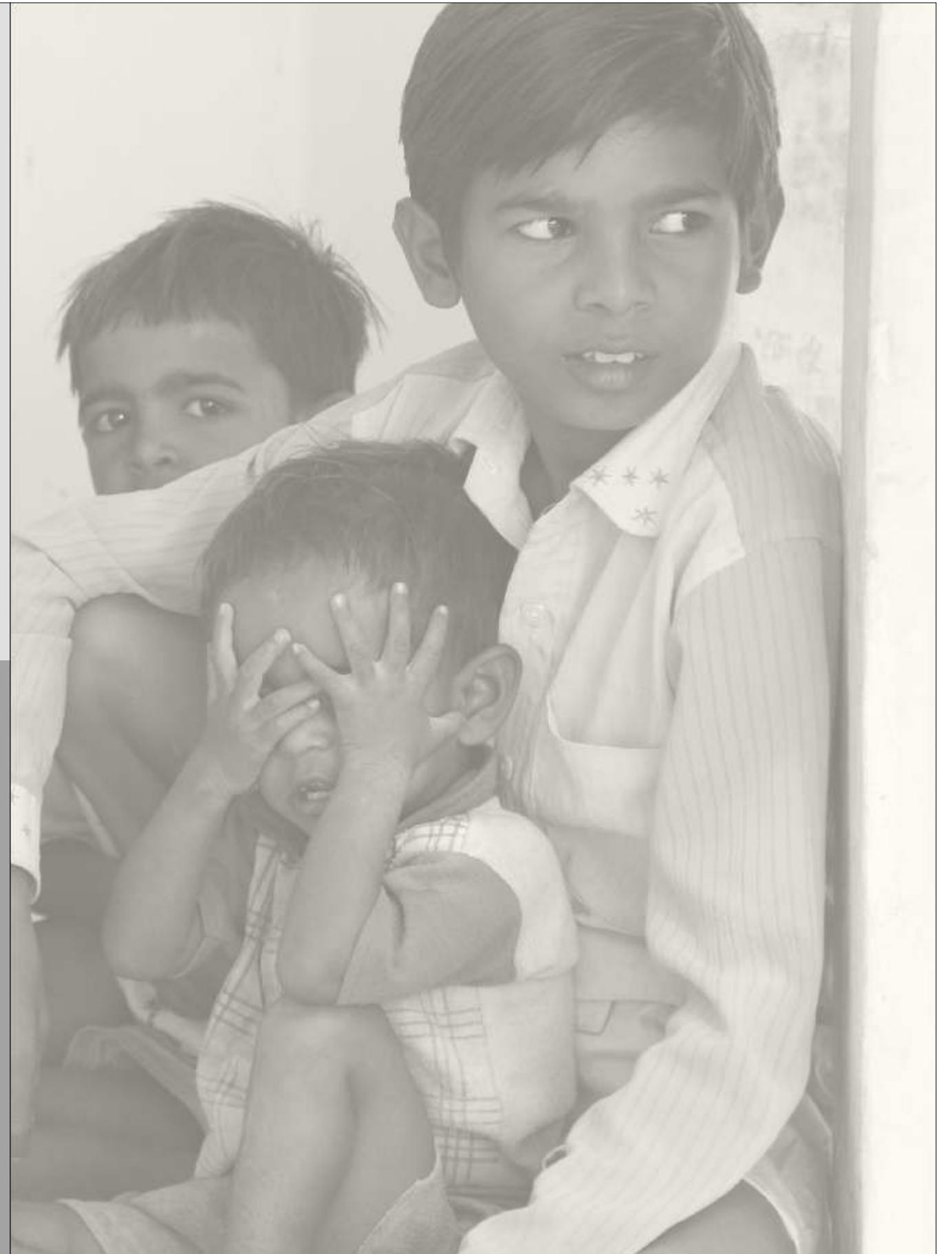


*Dargah Hazrat Inayat Khan*



*THE HOPE PROJECT*

*2008-2009*



# INDEX

From the ED's Desk	
Education	1
Health	13
Sustainable Livelihood	21
Volunteers	26
Partners	29
Trustees and Board members	30
Audited Statement of Accounts	31



## From the ED's Desk

Dear Friends,

2008-09 was a year of expanded outreach and increased linkages. The Hope Project reached out to those evicted from the Nizamuddin basti and resettled on the outskirts of the city. The homeless living around the basti and the poor living within half an hour's distance were also extended services through the Mobile Health Unit aptly named "Hope on Wheels". In collaboration with Aman Biradari headed by the noted and nationally acclaimed Shri Harsh Mander, health services are offered to the homeless and poor in the basti in the evening. Space is made available and Aman Biradari has pooled in resources for personnel and medicines. It is wonderful that people have access to quality health care through the morning and evening. No rent is charged for use of the premises.

A total 726 persons were enrolled in the different education programs and a good eighty percent showed up regularly for classes. This year 150 young drop out girls were enrolled in the non-formal classes. Teachers used multi-grade teaching techniques and followed individualized study where needed. From among those who sat for their Class X exams held under the National Open School system, a cheerful 89 percent cleared all papers in the first attempt itself. Most of the 300 plus students enrolled in the afternoon support classes attended regularly. These classes helped retain them in the present class and successfully move to the next class at the beginning of the academic year. Collaboration with Confederation of Indian Industries (CII) and IDTR led to the training of twenty youth in Motor Driving. All of them now possess a license to drive a Light Motor Vehicle (LMV). Few of them have already taken up gainful employment.

The Jan Shikshan Sansthan, under the Ministry of Human Resource Development has agreed to extend technical collaboration for selected vocational training. This is good news for all the youth enrolled.

By the end of March, we had 42 self help or thrift and credit groups with a total strength of 585 women. This includes five new groups formed in Sarai Kale Khan. In all they had saved Rs. 1771776 and had almost 80 percent revolving in loans. The quantum taken for income generation and asset building purposes has increased to an encouraging 75 percent. In order to enable women have access to higher amounts of credit, seven self help groups were linked with the local bank.

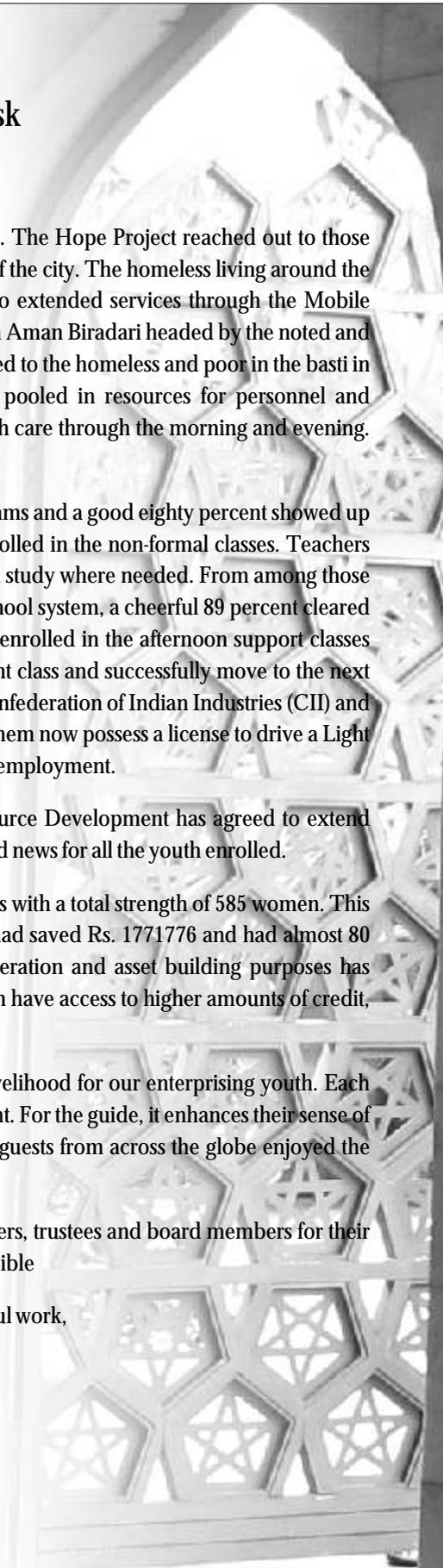
The Shan-e-Nizam walk initiated some years ago is a source of livelihood for our enterprising youth. Each time a person takes a walk in the historic basti, they get a new insight. For the guide, it enhances their sense of pride and also helps them pay for their education. This year 136 guests from across the globe enjoyed the walk.

A heartfelt word of thanks to all our donors, supporters, well wishers, trustees and board members for their unflinching support. Without them, all this may not have been possible

We earnestly seek your continued support to sustain this meaningful work,



Selvi Roy



# ANNUAL REPORT

2008-2009

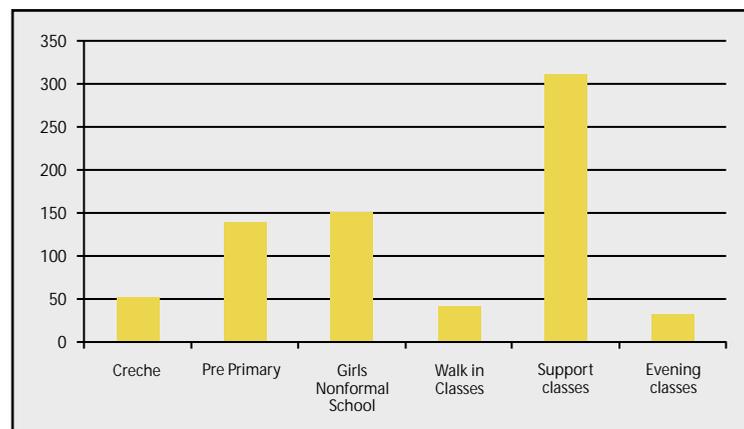
## EDUCATION

In all there were 726 persons enrolled in the different education programs including crèche, pre-primary, girls non-formal school, support and evening classes.

Apart from the above, there were eight women enrolled in adult literacy classes.



## Enrolment



## Pre-Primary

In March, 55 new students were enrolled for the new session to be started from April. This took the total number of children enrolled in the pre-primary to 139.

## Student Leadership

Young leadership was formed through election of House Captains. Students elected from among their own nominees, captains of the four Houses. A committee of teachers assists them, but the captains take the lead and are encouraged to take decisions.

Vice Captains and a Captain for different responsibility were also elected. Responsibilities included Attendance, Furniture, Discipline and taking care of 'new comers'. Each month, all activities undertaken in the school were the responsibility of the 'House on Duty'.

Carrying the badge of a Captain instilled in the students a sense of pride and enhanced their self esteem. An increase in attendance was also recorded. Captains and their teams happily shouldered a variety of responsibilities including trips to the NIOS office. The Captains also facilitate the Bal Panchayat and collective decision making process along with the Teachers.



## Exposure

### Learning from Nature

Girls who have never been out of their small one-room settlements were taken on an educational trip. Very enthusiastically they undertook a ten day trip to Auroville in Pondicherry. They stayed at the Solitude Farm. Their excitement was at its peak when they drenched their feet in the ocean and played with the sand. The beautiful Mata Mandir (for meditation) and the Mahabaleshwar temple are still etched in their hearts. The girls had some hands on experience in building an eco-friendly and fuel efficient 'chulha' or stove. Other things that linger on in their minds and hearts are the rich flora and fauna of the place; practice of organic farming and of course the concept of living in harmony with nature. On their return girls made replicas of the chulha, Solitude Farm, Mata Mandir and held a photo exhibition to share their experiences with their parents and co-students who were unable to take this trip.



In February, students along with 8 teachers and a community worker visited the Mughal Garden and Garden of Five Senses.

This visit helped girls to see a number of trees like Cyprus, creepers, shrubs, evergreen trees and bonsai, which they usually get to read in their books. They also enjoyed the variety of flowers especially the different types of roses numbering around 200.



### Exposure to Science Museum

On 30<sup>th</sup> August, students from GNFS along with their teachers visited the Science Museum. They thoroughly enjoyed themselves and came back inspired. Some of the games and projects they liked best included the ones on parts of tongue responsible for taste, dinosaurs, different metals, mirror reflection and illusion.

## Science Exhibition

A few months after their visit to the Science Museum, students put up their own Science Exhibition. More than a hundred persons visited this two day exhibition and encouraged the students. Right from registration to the Feedback desk, the students had prepared everything. Projects on display were all based on the learning of the students at the non-formal school and included types of matter, types of pollution, habitat, adaptation and housing, sense organs and function of body systems. Students beautifully explained their models and projects. Staff members from other NGOs and well wishers were equally delighted by the students' efforts.



### Participation in Competitions

Students from GNFS also participate in competitions organized by other NGOs and Corporate Houses.

#### YMCA NGO Mela

The YMCA NGO mela is an annual event. This year too students took active part and put up stiff competition in skit, pot painting, Rangoli and Face painting. The skit they put up depicted the ill effects of the dowry system and how women suffer due to the unethical demands of her husband and in-laws.



#### Drawing competition

A drawing competition was organized by Tata Indicom in November. Students from support classes were given this opportunity. Certificates of appreciation were given to each student who participated. Following the competition, an animation film was also shown to all the students.



### National Institute of Open School (NIOS) Examination

With regular written assessments and assignments, the fear of examination is slowly taking a back seat and many students are appearing for the same. A total of 57 students registered for NIOS examination. This includes young men from the apprentice class in the evening and youth from the community. All of them have completed the lengthy online registration process successfully with help from their teachers.

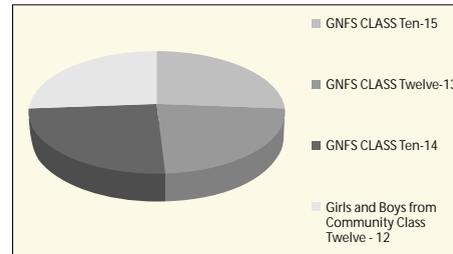
Enrolment for NIOS Examination for Class X and XII is shown in the Pie Chart

(Total number of students appearing for NIOS examination – 57)

### Workshops and Training

#### Workshop on Paper bag making

In December a workshop on paper bag making was conducted in Girls Non-Formal School. Students used handmade paper and learned to prepare bags for gift wrapping purposes. The workshop was useful and creative.



Other workshops included Jewelry making, block printing and card making. Besides enjoying themselves thoroughly, the girls have also learnt new skill which can help be self employed or even seek employment using these expertises.

#### Language Workshops

Language workshops in Hindi and English were conducted by the respective teachers. Grammar, parts of speech, and correct usage of particular words were some of the highlights.

Students were divided in seven groups. Each group was given the task of finding adjectives and their antonyms from a story. From another story called '*The foolish crow and the cunning fox*', students picked nouns, verbs and adjectives. From yet another story, students selected



adjectives from the identified nouns. Worksheets were also prepared by the teachers to make the workshop more interesting.

#### Workshop on Leadership and Team Building

Leadership and Team building were taken up at other workshops. In March Prof. Manoj K. Jha – from the Delhi School of Social Work and Ms Heena an MSW final year student conducted a two day workshop. The resource persons brought out how personal growth chart and growth of a team are inter-related. Also how our goals and motivations require us to work closely together with other people. Importance of decision making, assertiveness, leadership, negotiation and conflict resolution were other topics taken up.



#### De-stress Workshop

Girls learned to do the simple yet effective and fun exercises taught by Zuleikha. Helping young women with stress relief is one of Zuleikha's many talents. At her workshop she focused on conducting exercises and meditation in order to renew and strengthen the body and mind, and bring some joy as well. These exercises have been developed by Zuleikha from The Story Dancer Project, USA as part of the "Connected Learning Exercise Program".

#### Career Counseling

A career counseling workshop was done for GNFS girls. The objective of the sessions was to make girls aware about the academic and vocational opportunities after completing school. Provision of market oriented Vocational Training leading to better employment opportunities and better income through non-formal vocational training and other promotional programs were also presented. Another effort that was initiated



was building entrepreneurial skills amongst the girls to help them learn the concepts of running an enterprise.

### **Collective Decision Making**

Bal Panchayat was started in Support Classes as well to help students learn to discuss issues of concern. Collective decision making if initiated at a young age can help in the development of a well rounded human being. It is this value of learning to discuss, debate and decide that students learn with great enthusiasm at 'Bal Panchayats'. This concept practiced in the non-formal girls school was introduced in January also for the afternoon support classes with great success.



### **Teachers' Committees**

A committee of teachers for conducting Assembly was formed in July. Three teachers are in this committee. Different activities are conducted in assembly like prayers, news reading and teachers also make students aware of nutritious value of fruits and importance of balanced diet. Besides the morning prayer, headlines from both the English and Hindi Newspapers are read out and discussed. This is just a way of keeping the girls interested in current affairs.

### **Capacity Building of Teachers**

A lot of emphasis is given to continuous capacity building of all staff members especially teachers and they have been in the forefront for this.

### **Empowering Teachers**

A 3-day workshop was organized by SIDH (Society for Integrated Development of Himalayas) at Kempton on "Empowering Teachers". Three teachers attended this workshop organize. The workshop focused on building a relationship and rapport with the student and



understanding him or her before proceeding to impart education. It also touched upon the importance of teachers realizing their role in enhancing the quality of education.

### **Teaching Maths in a Fun Way**

This year an interesting partnership was forged with Jodo Gyan – a Resource organization primarily advocating making learning in general and mathematics in particular fun. Teachers from neighbouring schools were also invited and four teachers attended. One of the interesting aspects of the training was how mathematics can be taught in an enjoyable way to primary level students as well.



At the two days training workshop held in February teachers from GNFS, Support and Pre-Primary participated. The session started with a self-reflective activity called "Back-to-Back" to think about what we mean by communication in teaching. Different activities were done and games were played. Some of the games were dodecahedron, Match It', and Sau Rang ki Khoj'. After the activity a group discussion was done. One of the interesting observations which emerged from these discussions was that on the communication done in the classroom and how one expects students to learn quickly without giving adequate support. The activities helped reflect on one's own practice as teachers.

The second day began with activities on geometry. Jodo straws were used to make structures of one's own choice and then it was used to talk about straight and curved lines, closed and open figures, sides of closed figures and then making different types of triangles. The idea was to help teachers make children go over from visual level of understanding



geometrical shapes to the analytical level of understanding shapes. The final session was on fractions. Beginning with the idea of half and one-fourth, the session moved on how to develop conceptual understanding about denominator initially and then numerator and then about equivalent fractions. Again two different games on denominator and numerator were played to see how they can reinforce children's understanding.



#### **Workshop on Teaching methodology**

A two days workshop was held with Ms Maja from the German School in March. After an introductory session the first discussion was on 'the role of the teacher: a source of knowledge or a facilitator. Points both in favor of a source of knowledge and facilitator were discussed. Observation and discussion took place on pictures provided by the resource person based on traditional teaching method and participatory method of teaching. Some exercises helped to put teachers in the shoes of the students for whom a new topic is always difficult and uninteresting. It also brought out how sometime teachers assume that they would easily be able to do it. Another aspect was to improve the communication skill of the teacher so that students would able to get the right message according to his/her understanding. Ms Maja also gave inputs on how to start a class, planning a class, how to structure a lesson, mind mapping, understanding text in 5 steps and poster presentation.



### **Meetings with the Community and Parents**

#### **Community Meeting**

A community meeting was organized in March with the parents whose children were aged 5-6 and were seeking admission in formal school. They were apprised of the admission procedure and requirements in the schools. The facilities available at each school and the medium of instruction were also shared.

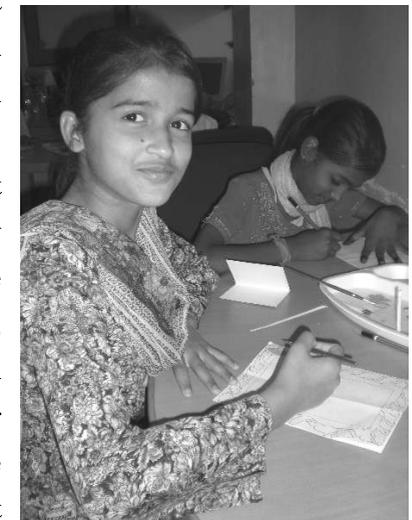


#### **Parent Teachers meeting**

Parent Teacher meetings were held every quarter. Discussions centered on regularity, punctuality, performance in class, health issues, personal hygiene, motivation and future plans. The other important aspect of these meetings was to share with parents the special talent of each child and how best they could motivate their children to bring out the best in them.

#### **Few Success Stories**

- Saima is an above average student. Family circumstances drove her to drop out from class X. she was studying in a government run school. Her family had seen better days when she was studying in the reputed New Horizon School in class VI. Her father's employment overseas meant additional household burden on her already ill mother. Both her elder sisters were married and stayed elsewhere. Hence, Saima had to pitch in to do most household chores and as a result she slipped back in her academic performance. After a year she took admission in a government school but



because of her existing household responsibilities she was not able to meet the rigors of formal education and could not clear class X despite multiple attempts. Soon she was disheartened and was almost on the verge of giving up studies, when she heard of the non-formal school at Hope Project. The student friendly approach to education based on inquiry and the individualized education plan helped her catch up on the years she missed in school. Today at 22 she is one of the brightest students in her class and helps others with their work as well. She has enrolled to sit for all papers in Class X and says with a beaming smile that she is confident of clearing the exam next April. Pic?



Yasmeen had scored good marks in her class X and wanted to go for higher studies. But problems at home weighed her down. She was not allowed to pursue her dream of a good education. Her elder brother is a drug addict and her mother suffers from multiple diseases like asthma and heart problems among others. Her younger brother is the only earning member and his earnings being meager were hardly able to meet the entire family's requirements – even the basic. An adult of 21 years, she had almost lost all hope of an education.

Her eyes lit up when she was offered academic and financial support to continue school education through the NIOS. She welcomed the offer and concentrated on her studies from that day onwards. She was fairly regular in attending classes and took extra effort to clear doubts. She has enrolled for class XII exams next April and given her dedication and hard work is sure to clear it.



## HEALTH

### “Hope on Wheels” – the Mobile Medical Unit

Built on a Mahindra CNG chasis, the Mobile Medical Unit is well-equipped to provide health education and basic health check-ups. “Hope on Wheels” was conceived as a means to reach the poor evicted out of the Nizamuddin basti and focus on health education services essentially for adolescents.

The Mobile Medical Unit was inaugurated on 17<sup>th</sup> June on the occasion of the fourth death anniversary or Urs of the Founder of the Hope Project, Pir Vilayat Inayat Khan. The Councilor from Nizamuddin, Mr Farhad Suri cut the ribbon to flag off the noble venture. Eminent persons like Mr Mirza the younger son of Pir Vilayat Inayat Khan and (Ex) Ambassador K.P. Fabian blessed the venture with their gracious presence.

### Linkage Building

NGOs working in the area of Narela, Holambi Kalan, Sarai Kale Khan and Viklang Basti were visited for possible tie ups and collaboration. Linkages were forged with the following NGOs: Baliga Memorial Trust in Narela and Holambi Kalan, Save the Children in Sarai Kale Khan, and JBF foundation in Viklang Basti. All the local NGOs were very welcoming and enthusiastic about the collaboration and freely gave of their space to utilize for health talks and health care.

### Profile of Narela and Holambi Kalan

Several families on the periphery of the Nizamuddin basti were relocated on the outskirts of the city at Narela. Holambi Kalan is another resettlement close by. Both are at an approximate distance of 50 Km from the Nizamuddin basti. Families have built houses on the small plots of land provided varying from 12.5 sq yards to 22 sq yards. There are at



present 640 households resettled in Narela. The area has been divided into pockets. Pocket 5 has maximum number of people relocated from the Basti. Holambi Kalan has a similar number of families. Baliga Memorial Trust has been working in both these places for the last 5 years on vocational training and education. At present they do not provide health care or health education. The collaboration would meet an unmet need and provide a holistic development opportunity for children.



The economic condition of residents of Narela and Holambi Kalan is not very sound. The Men and women have to go to the factories and construction sites to seek employment. Some families are also depending upon Handicrafts, Khaini lime making, thread cutting of the dresses being prepared by the export houses, preparing paper jute bags and flyers. Per capita income of the colony is very low. Literacy rate in the area is very low between 20-30% and basic amenities of life are absent from the area. 70- 75% children are going to schools, rest work or do rag picking; those who go to schools are also engaged in the profession undertaken by their parents Majority of children are malnourished. These areas lack basic amenities and functional civic bodies. Facilities of health are located at about one hour drive from these places.

### Profile of Sarai Kale Khan

Being close to a major railway station, Sarai Kale Khan was home to a large number of migrants thronging the city in search of a living. While there is a public health facility in the area, they do not have any active outreach work. Women work primarily as domestic helps while the men move out for contract labour. A large portion of their earnings goes to pay the house rent. Children by and large go to the MCD School and Government schools. A few school dropouts come to the Hope Project.

### Profile of Viklang Basti

Viklang Basti is a temporary settlement dwelling. The area has about 2500

population. All the residents are below poverty line. Plots have been allotted to the beneficiaries based on the criteria set by Government. Community has a mix of Hindu and Muslim population.

Residents of Viklang Basti earn their livelihood through begging, rickshaw pulling and rag picking. Literacy rate in the area is very low between 10-20% and basic amenities, like water and sanitation are lacking in the area. Last year when a fire broke out in Viklang basti, emergency help in the form of clothes and utensils were distributed. Health and hygiene condition of the area is also very poor as they play along garbage piles and drains.

The residents of Viklang basti were evicted owing to the upcoming commonwealth games. Hence, the MMU looked at other areas to serve.

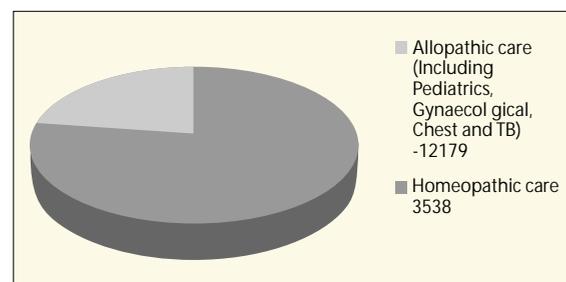
Sunder Nursery, was one of the areas which required health education and care. Majority of the around 3000 population in this basti are migrants.

The Okhla Flyover which provides shelter to several homeless families was another site for the MMU.

### Clinic

	No. of Patients
Allopathic OPD	10082
T.B	42
Pediatrics	2055
Homeopathy	3538

Total number of patients who visited the general OPD clinic was 10082. The Paediatrician extended care to 2055 children. A good 3538 patients availed of homeopathic care. T. B DOTs care and supplement nutrition is being provided to 42 persons.



### Eye Care Services (Primary)

The weekly OPD held every Saturday in collaboration with the R. P. Center of All India institute of medical sciences saw the attendance of 163 patients. From among them, 39 patients were diagnosed with eye problems and 23 patients were provided spectacles. Ten patients were referred for cataract surgery.

### Eye Camp

Eye camps were organized on a half yearly basis. At each camp, 110-120 patients were screened by the medical team from Rajendra Prasad Eye Clinic, AIIMS.



Community members present at the camp were briefed about the eye camp procedure and various services that could be availed at the camp. Mr. Pant from RPC, AIIMS shared that aim of the eye camps were to track the ascending number of cataract cases in Delhi. He shared that the number of cataract cases had been increasing at an alarming rate in Delhi, therefore to check this rise they undertook an eye camps on a larger scale. He briefly informed about cataract and shared its adverse consequences on the health of patients. He also went on to explain various treatment options available for cataract patients.

The patients diagnosed with cataract were given dates and were further counseled about the operation procedure. They were advised to bring along with them a pair of clothes for a possible overnight stay at the hospital after the operation. Patients with defect in vision were offered glasses at a concession rate.

### DOTs Center

Of the hundred patients who visited the Clinic with Chest related complaints, forty seven tested positive for tuberculosis. All of them have been assigned a box with



medicines as per the diagnosis. Home visits were made to see the living conditions of these persons and they were advised on preventive measures. Susceptible members of the family who were at greater risk of contracting the diseases were identified and recommended to undergo a sputum test. Twenty-four patients who had completed their intensive phase of therapy were sent for a follow-up sputum test.

### Evening Clinic

In collaboration with Aman Biradari, an NGO headed by the noted Mr Harsh Mander health care facilities were extended to the homeless and the basti residents in the evening as well. The Hope Project contributes the space and infrastructure. Aman Biradari has been able to pool in resources for the doctors, paramedical staff and medicines. The evening clinic was aptly inaugurated by a homeless lady and is devoted primarily to their health care.



### Health Mela

Health melas were organized biannually to reach out to a large community at the same time. At the Health Mela organized in September at Sarai Sari Kale Khan, general awareness on different health issues and preventive aspect of health using different methods through the mobile medical unit

The camp was organized with support from *Save the Children, Chronic Care Foundation and Dr. Rajender Prasad Eye Center at All India Institute of Medical Sciences (AIIMS).*

Facilities of eye screening and check-ups were also made available by the team from AIIMS. There was an IEC exhibition on Tuberculosis and DOT program and immunization. Stalls were put up by the Income Generation Unit, Thrift & Credit and Health unit at health mela on, DOTS and Tuberculosis, reproductive health, nutrition general



health checkup and one stall on exhibition HIV/AIDS was managed by community inducers. At the stalls, information on how to cook low cost, yet nutritious food was provided along with healthy eating habits and general health awareness.



The Magician associated with Chronic Care Foundation, was a major attraction of the health camp. Through his magic tricks and the accessories he used, he gave important information on chronic diseases, health and hygiene. The show was very much appreciated by the audience especially the children. Two shows were put up and about 350 to 400 community men women and children attended them. Street plays on health issues were other attractions for both the children and adults as it invited their participation as well.

### Impact assessment of PPTCT

An ongoing project titled 'An Integrated Approach towards the Prevention of Parent-to-Child Transmission of HIV through Safe Motherhood Initiatives' supported by MAMTA was at its final completion stage. Reproductive health enhancement was one of the goals of the project. At the impact assessment, it was found that in the Nizamuddin Basti, 90.8 percent pregnant women had reported that they received ANC services during pregnancy. Further 77.3 percent revealed that they had received HIV/AIDS related information during ANC visits.

### Meetings with Men

Health awareness and increase in general health status also requires the active engagement of men. Meetings with community men were also undertaken. These were mostly held at their workplaces at convenient times. Most men aged between 25 to 45 years were at these meetings. Some of the issues discussed were general health awareness, responsibility of men in the family, care of pregnant women (immunization and diet during pregnancy), easily available healthy food, some do's and don'ts of cooking, frequency of ANC visits, immunization, safe delivery for

expectant mothers and the government run health facilities available in the vicinity.

### **Training of Trainers**

Twelve married women aged between 25-45 years were selected and trained to further basic knowledge and experience on MCH issues. The women are members of SHGs and have leadership qualities. Post training, these women shall convene meetings of women in the community and impart to them important aspects of mother and child care (MCH) and general health awareness.

### **Master Trainers Train CBO Members**

Once trained, the master trainers went to further train CBO members in the community itself. Sessions were conducted for community participation and mobilization on the issues of STI/RTI, HIV/AIDS and ANC care. Master trainers with support of CW facilitated the session with women of SHG group. Women had many queries on STI/RTI and they actively participated in session. Stress was given by the trainer on partner treatment in the treatment plan for ST/RTI. They also stressed importance on triple protection of condom use. Diet during pregnancy, importance of institutional care and also complete ANC checkup was stressed upon. It resulted in involvement of community based group in the program.

### **Intervention with Pregnant And Lactating Women**

In the meeting with pregnant and lactating women, nutrition was the main topic discussed. Meetings are organized sometimes at the Hope Project and sometimes also at the residence of community members. Meetings were also held at Sarai Kale Khan. Usually 10-15 young pregnant and lactating women attend these meetings. Discussions were mainly around a balanced diet, diet for children, pregnancy and lactation, low cost highly nutritious recipes, healthy and junk food and preservation of nutrients during cooking. At the end of these meetings, the trainers gave live demonstration of cooking low cost nutritious food and distributed to the women present. Women were also encouraged to actively participate in the process.

### **Advocacy Efforts at District Level**

Meetings were held with health officials to strengthen the referral and follow-up linkages with nearby M&CW clinics and make them to help them understand the

prevailing RCH scenario of the community. One to one interaction with the M.O. and counselor of ICTC at M&CW clinic Bhogal was also organized. Following the meetings, a team from the Bhogal Health center actively participated in the health camp. Children were vaccinated and the community was counseled on HIV/AIDS and safe sex practices.

**De-stress exercises:** Zuleikha, head of The Story Dancer, USA has shown how language need not be a barrier. She interacts with the women and lets them share with her their difficulties. She teaches women simple body movements and light exercises that de-stress them and helps relieve them of joint pains and spondilosis.



## SUSTAINABLE LIVELIHOOD

### Vocational Training

#### Trade-wise number of students

Motor Driving Training Program was started in October in collaboration with IDTR and CII. All the twenty successful candidates were issued a certificate by IDTR as well as a LMV license. These were given away by Mr Sen from CII at a small function at the Hope Project. Six of them have already taken up jobs as drivers – either at the nearby taxi stand or driving private vehicles for persons staying at Nizamuddin and neighbouring areas. With the growing demand for trained motor drivers, all the other youth are also sure to find gainful employment.

Trade	Students attending regularly
Embroidery	19
Computer applications	65
Cutting and tailoring	19
Typing	7
Motor Driving	20
English Conversation	32



Hobby classes were also conducted during the summer break. This year all classes were taken by internal resource persons – who had received professional training. More than 30 students learned computer applications; ten each learned baking, jewelry making and henna design application.



Linkages are built with five star hotels to provide youth hands on training in the hospitality sector. This year sixteen young men were selected for training at Hotel Radisson. Seven students were selected for six months training at Hotel Taj Palace. Candidates will be provided with Rs.2000 per month as stipend.

Placements were provided to more than 20 youth. One of them is Imtiyaz who works at Comtech Networks Solution and earns Rs 3000 a month. Five youth (Shazeb, Rahul, Faraz, Kasim and Almas) were selected for employment at Dominos and receive Rs 4000 monthly.

#### Self Help Groups

The total number of SHGs reached 42 with a membership of more than 585 women. Seven SHGs were linked with the local bank so as to enable access to more credit. Five SHGs were formed in Sarai Kale Khan. The total savings amounted to a good Rs 1771776. From this, Rs 900000 was taken for income generation and asset building and Rs 287500 was taken for education, health care, marriage purposes and household consumption. Thus there has been a steady increase over the years in the amount of loan SHG members take for income generation and asset building. Monthly meetings are held in members' houses and women are also being trained to slowly take on more responsibilities of book keeping. Meetings with Bank officials were held to link women with credit opportunities.

#### Income Generation Unit

Tata Indicom provided sewing machines for trained women to be able to sew garments and supplement their family income. Women



come to use these machines in their free time and as and when they have orders to cater to. There is a register for them to jot down what time suits them. The machines are made available for use on a first come first serve basis.



**Aashyana**, the women's textile and jewelry production unit welcomed skilled women from the community to work on handmade products and enhance their family income. There are now ten women from the community in this unit. Most women are home bound due to socio-cultural restrictions. They are of course allowed to move out if there is a reliable adult with them – in this case it has been staff members at Hope Project. Exposure to different events and fairs has been a marvelous learning especially for them. It has also helped gain insight into market demands and produce accordingly. Thus, different products are put up for sale at colleges and corporate houses. Some of the events and places where stalls were put up by the women include the Fair at American Express, Gurgaon; fair at ATS Green Village, Noida; Diwali Mela at Blind School, New Delhi; Diwali Mela at Institute of Home Economics, New Delhi; Trade Fair, Pragati Maidan, New Delhi; Annual Fete at Cambridge School, New Delhi; Annual Function at New Horizon School, New Delhi; NGO Carnival, Adobe System, Noida; YMCA Mela, New Delhi; Christmas Carnival at Aircel, Gurgaon; Christmas Carnival at Crown Plaza Today, Gurgaon; and Christmas Carnival at German School, New Delhi.



Young entrepreneurs from **Bismillah Bakery** took up orders as every year. They have added new cakes and quiches to their already quite exhaustive menu of snacks, confectionary and meals. Like the previous, this year too they catered for lunch and dinner for all the guests during Urs and other



occasions. The team of bright young women outsourced some work to a few young men and other women in the basti in true entrepreneur style.

### **Baking and Catering Unit**

A new batch of young aspiring baker girls is being prepared. They are primarily a group of 15 students from GNFS who have a keen interest in preparing cakes, muffins, cookies, and a host of Indian and western snacks and have received training in the same. The young enthusiastic team members are entrepreneurs in the making and have successfully put up stalls at a few events with snacks prepared by them.

### **Shan-E-Nizam Tour**

The Shan-e-Nizam tour is unlike any other tour in the city as it shows the historically rich heritage of this 12<sup>th</sup> century village blended with life in the present – all through the eyes of the youth living in it. A team of 3 passionate youth were trained to conduct the Shan-e-Nizam tour by an Indian volunteer from the USA. There were 136 persons from different countries like the United Kingdom, USA, Germany, Denmark, Finland, France and Canada besides India. Some of the feedback received is shared below:

*“A really fascinating visit! I enjoyed.....”* **Barbara Mitchell (USA)**

*“Going with a local person to the basti who can tell you things at first hand makes it a great and authentic experience specially going slowly was nice looking at the things that are new to a westerner's eye e.g. flowers, rice, sweets, mosques and street butchers”* -Mira (Germany)

*“Fantastic walk, fascinating area and impressive organization Best of luck”*,

**Jordon Keenan (Canada)**

### **Staff Get Together and Team Building**

#### **Staff and Family Day Out**

It is important for the staff to have a 'Day Out'. And when it can be with family members as well – the day just becomes that much more special. It was important for all of us to just be together, meeting and greeting, playing and talking and just



having fun together. At such occasions, cohesion just seems to happen invisibly. Like all outings, this too had some learning beautifully wrapped up in fun. Many 'getting to know the other better' and Team building games were played.

An interesting *Name Game* was played for introduction at Jamali Kamali. Then Tug of War was followed by yet another interesting game. Some competitions were also organized for children of different age groups like the Lemon and spoon race. Children also enjoyed the exposure along with their parents and parent's colleagues. Lunch was organized at Jamali Kamali. After a sumptuous meal, all proceeded to the Qutub Minar

In June, the harsh summer beckoned all to move and chill out. Together as the Hope Project family that is exactly what was done. The lush green resort at Pachgaon provided rest and rejuvenated everyone. Games on communication and Team building and time spent together brought each member closer together.

A month later, another exercise was held. All staff members were called upon to look at the analogy of a Tree with the Hope Project. In groups they discussed and wrote out what they felt were the roots, trunk, stems, leaves, buds, flowers and even thorns of the organization. Presentations were then made by each group.



### Urs Celebration

The Urs of Hope Project's spiritual inspiration Hazrat Inayat Khan is always a special occasion. This year it was made even more memorable with the coming of Pir Zia and his family. Pir Zia is the grandson of Hazrat Inayat Khan and the son of the Founder of the Hope Project and also its Trustee. After the programme he interacted with the children and staff at the Hope Project. His visit was a Blessing for all.



## VOLUNTEERS

Every year the Hope Project grows a little richer even as it enriches the lives of others. Volunteer from India and overseas bring with them not only their manifold skills and talents but also hearts filled with love to generously share with the people. They too take back the love of the people in their hearts.

Ritu, an Indian working in the USA conducted a training of interested youth as Guides for the Shan-e-Nizam tour. She also designed a brochure for Aashyana show casing the new range of products to increase the women's income.

Mira a volunteer from Germany helped students with their English conversation. She prepared worksheets to improve grammar and pronunciation. Her classes on fine arts and making sketches were very popular. Students were invited to make sketches of each other and one student selected Mira as her model and sketched her. Much to the students' delight, Mira promised to be back again.

Lara, Julian and Max from Germany also spent about six weeks at the Hope Project. While the ladies were engaged in helping students improve their English conversation, Max took cooking classes and taught students new recipes for cakes and bread.

*"Being part of Hope Project for six weeks, experience the basti and to share valuable hours with the children was wonderful and special experience, I enjoyed it a lot a special thanks to the staff."* Julian (Germany)

Philipp and Fabian again from Germany stayed at the Hope Project for two weeks and found their lives



changed. They worked with kids in the Pre-primary, students of the Non-formal school, and support classes. They also embarked upon translating the homepage of Hope Project into German besides teaching Home Science students new recipes for making Brezell (bread and spatzle).

*“Very nice Institution, helpful people and its just great what you provide to all the kids in this Basti. We go as Ambassadors of Hope Project” – Philipp*

*“Hope Project is doing wonderful work, keep it up.”-Fabian*

Sofia and Elin both students of Social Work from Sweden took sessions on health care. They also started a workshop on photography covering the issue of Health.

Heidi from Germany concentrated on teaching English in novel ways and Heena a graduate from the Delhi School of Social Work was involved in conducting workshops on life skills and related topics.



## HOPE PROJECT TEAM

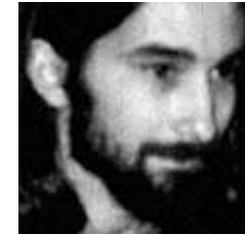


## PARTNERS

The Hope Project collaborates with a large number of Government and non Government bodies like NGOs, Institutes, and Companies. Among them are:

Adobe Systems India  
Aman Biradari  
Butterflies  
Charities Aid Foundation (CAF)  
Chest Clinic, Nehru Nagar  
Chronic Care Foundation  
Dr Rajender Prasad Eye Clinic  
The German Embassy, New Delhi  
Indian Cancer Society  
Indraprastha Diagnostic Laboratory  
KLM Crew  
Lufthansa Crew  
MAMTA Health Institute  
Room to Read, India  
Save the Children, India  
SMILE Dental Care  
VCTC Centre Bhogal  
Wings of Support

## TRUSTEES AND BOARD MEMBERS



**Pir Zia Inayat Khan**  
Head of the Sufi Order



**Ms Rita Paul Mathew**  
Social Development

*An Advisory board supports the Trustees for further development of the organization.*



**Richard Glantz**  
Is a lawyer and a mediator. He is a member of several charitable boards in the USA, including non-profits.



**Heiko Schrader**  
Is a professor of Sociology at the University of Magdeburg, Germany.



**Martin Zahir Roehrs**  
Lives in France and is the Secretary General of the Sufi Order International.



**Carmen Hussain**  
Is an educationalist residing in India.



**David Shahbuddin Less**  
Lives in USA and is a spiritual teacher for the Sufi Order.



**Quan Yin Lynne Williams**  
Is a trained pediatrician and child psychiatrist with an interest in health care and education for children. She lives in USA.



**Anna Less**  
Is practitioner and teacher of traditional Chinese medicine and lives in USA.



**Richard Cuadra**  
Trains facilitators to start and facilitate support groups for adults and children. He lives in USA.

**HOPE PROJECT CHARITABLE TRUST**  
(CONSOLIDATED)

**Income & Expenditure Account**  
For the year ended 31.03.2009

	Schedule	Year Ended 31.03.2009 Rs.	Year Ended 31.03.2008 Rs.
<b>INCOME</b>			
Donations Received	4A	5,436,449.26	7,816,710.14
Project Generated Income	4B	663,197.63	441,046.00
<b>Miscellaneous income</b>			
Interest Earned		106,115.52	85,874.99
Consultancy Charges		-	8,045.00
Other Income		17,805.00	98,127.00
<b>TOTAL</b>		<b>6,223,567.41</b>	<b>8,449,803.13</b>
<b>EXPENDITURE</b>			
Administration Expenses	5	2,749,464.62	2,913,520.57
Education	6	1,835,649.00	3,394,297.35
Health	7	2,040,461.56	1,165,030.19
Vocational Training & Income Generation	8	649,395.00	408,697.40
<b>TOTAL</b>		<b>7,274,970.18</b>	<b>7,881,545.51</b>
<b>Excess of Income Over Expenditure / (Expenditure Over Income) Transferred to Balance Sheet</b>		<b>(1,051,402.77)</b>	<b>568,257.62</b>

Significant Accounting Policies and  
Notes to the Accounts 9

The schedules referred to above form an integral part of the Accounts

As per our report of even date attached  
for S.N.Dhawan & Co.  
Chartered Accountants

For Hope Project Charitable Trust

Rajeev K. Saxena  
Partner  
M. No. 77974



*Selvi Roy*  
Selvi Roy  
Honor. Executive Director

*Abdul Gudoos Siddiqui*  
Abdul Gudoos Siddiqui  
Honor. Finance Director

Place : New Delhi  
Date : 22 SEP 2009

**HOPE PROJECT CHARITABLE TRUST**  
(CONSOLIDATED)

**Receipts & Payments Account**  
For The Year Ended 31.03.2009

	Schedule	Year Ended 31.03.2009 Rs.	Year Ended 31.03.2008 Rs.
<b>RECEIPTS</b>			
Opening Balance			
Cash & Bank Balances		4,562,502.75	4,761,873.42
Recovery from Staff		93,345.25	27,900.00
Donations Received	4A	5,436,449.26	7,816,710.14
Project Generated Income	4B	663,197.63	441,046.00
Capital Receipts		-	-
Interest Earned		114,995.52	79,259.99
Consultancy Charges		-	8,045.00
Other Income		22,494.00	61,084.00
<b>TOTAL</b>		<b>10,892,985.41</b>	<b>13,195,918.55</b>
<b>PAYMENTS</b>			
Administration Expenses	5	2,749,464.62	2,913,520.57
Less : Depreciation		1,716,186.59	1,843,411.97
Less : Provision for Expenses		84,684.00	235,098.00
Add : Prepaid Expenses		25,745.46	26,991.00
Add : Previous Year's Provisions Paid / Adjusted		114,448.00	-
Less : Amount Written Off		4,796.00	-
Less : Previous Year's Prepaid Expenses		26,991.00	35,112.00
		<b>1,057,100.50</b>	<b>1,026,889.60</b>
Education	6	1,835,649.00	3,394,297.35
Health	7	2,040,461.56	1,165,030.19
Vocational Training & Income Generation	8	649,395.00	408,697.40
Purchase of Fixed Assets		488,104.00	1,815,338.00
Advance to Staff		82,150.00	31,848.00
Advance to Contractors		-	182,100.00
Advances -Others Payments		755,270.00	609,215.26
Gratuity Paid		159,096.00	-
Liability Paid		91,334.00	-
<b>Closing Balance</b>			
Cash & Bank Balances	2	3,734,425.35	4,562,502.75
<b>TOTAL</b>		<b>10,892,985.41</b>	<b>13,195,918.55</b>

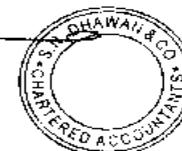
Significant Accounting Policies and  
Notes to the Accounts 9

The schedules referred to above form an integral part of the Accounts

As per our report of even date attached  
for S.N.Dhawan & Co.  
Chartered Accountants

For Hope Project Charitable Trust

Rajeev K. Saxena  
Partner  
M. No. 77974



*Selvi Roy*  
Selvi Roy  
Honor. Executive Director

*Abdul Gudoos Siddiqui*  
Abdul Gudoos Siddiqui  
Honor. Finance Director

Place : New Delhi  
Date : 22 SEP 2009

**HOPE PROJECT CHARITABLE TRUST  
(CONSOLIDATED)**

**Schedules to Accounts**

	As At 31.03.2009 Rs.	As At 31.03.2008 Rs.
--	----------------------------	----------------------------

**Schedule-2-Current Assets, Loans & Advances**

**Cash & Bank Balances**

Cash In Hand	93,712.85	17,684.03
Balances With Banks		
Standard Chartered Bank	1,980,173.55	3,043,453.77
State Bank of India	1,530,611.56	715,250.56
State Bank of India(Indian Donations)	8,898.39	684,136.39
Fixed Deposits	121,029.00	101,978.00
Interest Accrued But Not Yet Due	8,133.00	17,014.00
	<u>3,742,558.35</u>	<u>4,579,516.75</u>

**Loans and Advances**

Hazrat Inayat Khan Foundation	817,713.00	62,443.00
Advance To Suppliers For Fixed Assets	6,000.00	231,850.00
Staff Imprest	8,633.00	37,753.25
Advances To Staff	165,295.00	147,370.00
Pre Paid Expenses	25,745.46	26,991.00
Security Deposits	10,500.00	10,500.00
Other Receivables	2,936.00	7,625.00
TDS Receivable	-	4,781.00
	<u>1,036,822.46</u>	<u>529,313.25</u>

**Schedule-3-Current Liabilities & Provisions**

Other Liabilities	49,470.00	91,334.00
Expenses Payable	17,922.00	114,433.00
Provisions		
Gratuity	371,129.00	513,033.00
	<u>438,521.00</u>	<u>718,800.00</u>



*Sh. by*

*AU J J*

**HOPE PROJECT CHARITABLE TRUST  
(CONSOLIDATED)**

**Schedules to Accounts**

	Year Ended 31.03.2009 Rs.	Year Ended 31.03.2008 Rs.
--	---------------------------------	---------------------------------

**Schedule-4A- Donations**

Children'S Ashram Fund, New York	2,041,029.09	981,471.96
Lebenshilfe Fuer Indien -Germany	681,281.25	3,429,594.00
Zenith Institute	101,488.67	128,879.42
Mamta	463,540.00	190,446.00
Room to Read	242,346.00	372,227.20
CAF	49,770.00	900.00
Elcoteq	356,785.00	914,584.37
Others	119,136.34	1,568,952.19
Donation-CAF Adobe	363,800.00	120,000.00
Volunteers	150,150.00	
Donation for Exam Fee	13,000.00	
Donation- Hope New York	267,226.40	
Donation -Wings Of Support	62,949.51	
<b>From India</b>		
Individual Donations	48,340.00	37,250.00
Donation-CAF	63,190.00	7,885.00
Donation - Caterng Unit	-	18,848.00
Donation,Chintan	20,841.00	45,672.00
Donation Lt Col N.N.Taneja	50,900.00	
Donation MAMTA (TATA)	296,176.00	
Grant for T.B.Prevention	45,500.00	
	<u>5,436,449.26</u>	<u>7,816,710.14</u>

**Schedule-4B Project Generated Income**

Contribution - Supp Nut	1,000.00	6,975.00
Contribution - Clinic	177,705.00	201,865.00
Contribution -Greeting Card	-	300.00
Contribution -Guest Room	38,890.00	26,350.00
Contribution Guiding Group	1,950.00	300.00
Contribution-IG	93,264.00	5,595.00
Contribution- Production Unit	300.00	-
Contribution School	58,292.00	115,891.00
Misc. Recovery	33,959.00	-
Contribution Aashiana	176,208.63	56,790.00
Contribution Terrace Cafe	-	2,850.00
Greeting Card Donation	-	610.00
Recipe Book-Contribution	13,800.00	10,195.00
Contribution Baking Unit	30,589.00	-
Contribution From Students	17,220.00	-
<b>From India</b>	20,020.00	13,325.00
	<u>663,197.63</u>	<u>441,046.00</u>

**Schedule-5-Administration Expenses**

Personnel Expenses	69,460.00	556,536.00
Utilities (Water And Electricity)	51,659.00	82,772.92
Repair And Maintenance	114,514.87	183,914.00
Communication	21,068.00	29,374.00
Documentation And Dissemination	62,909.00	31,640.00
Printing And Stationery	16,541.00	2,738.00
Conveyance	26,327.00	30,413.00
Training And Capacity Building	40,880.00	-
Fund Raising Expenses	11,680.00	750.00
Board Meeting Expenses	25,273.00	5,324.00
Bank Charges	5,673.63	9,584.68
Property Insurance	24,802.54	2,635.00
Property Tax	31,515.00	17,862.00
Depreciation	1,716,186.59	1,643,411.97
Dargah Expenditure	76,751.00	61,662.00
Auditors Remuneration	55,150.00	56,180.00
Miscellaneous	46,122.00	188,723.00
Consultancy Charges	10,000.00	-
Travelling - Hope New York	286,356.00	-
Amount Written Off	4,796.00	-
Computer Maintenance	49,800.00	-
	<u>2,749,464.62</u>	<u>2,913,520.57</u>



*Sh. by*

*AU J J*